

# MALDON FIRST AID

## Information for courses at our centre



### **Location:**

Maldon First Aid, First Floor, 50 High Street, Maldon, Essex, CM9 5PN.

### **Access:**

We are between the QD store and Barnardo's charity shop. For entry, press the button with "First Aid" written on and we will release the door.

### **Contact:**

01621 853870

### **Identification:**

Bring identification with you on the day.

### **Dress code:**

Wear clothing you are comfortable in to participate in the practical activities. Please do not wear lipstick as this stains the manikins.

### **Food and drink:**

Refreshments are provided for all courses (tea, coffee, squash and biscuits). For whole day courses you are advised to bring a lunch. We are on the high street and food can be purchased there.

### **Parking:**

Here is a link for Maldon Council's parking information page:

<https://www.maldon.gov.uk/info/20072/parking>.

At weekends, free parking is available at the Plume School on Fambridge road.

The easiest (and cheapest) place to park for day-long courses midweek is generally Friary Fields car park. From Friary Fields car park we can be found by walking through to the High Street and turning left – we are then approximately 100m away. The daily charge there is £4.40 compared to £8.80 at White horse Lane (correct as of September 2022).